



CALIFORNIA'S
VALUED TRUST

California's Valued Trust is pleased to offer this free benefit to all active and non-Medicare retiree members and their eligible dependents who have coverage through their PPO plan.



Your medical decisions just got a whole lot easier.

CHOOSE THE RIGHT
TREATMENT OPTIONS

SELECT THE BEST HOSPITAL

CONFIRM MY DIAGNOSIS

WHO CAN I TRUST?

FIND HELP TO COPE

SELECT THE RIGHT DOCTOR

SHOULD I HAVE SURGERY?

YES

NO

consumermedical®

Your Medical Ally®

We're here to help.™

ConsumerMedical is Your Medical Ally

for confidential, one-on-one support to help you and your family make informed decisions about medical care and treatment.

Free, expert medical guidance for any condition.

- Support from our team of nurses, physicians and other healthcare professionals over the phone, via secure email or texting
- Articles, books, videos, and links to websites to help you better understand your medical condition and treatment options
- Help getting a second opinion when you need one
- Recommendations for the best local, in-network doctors and hospitals for your needs
- Guidance on the right questions to ask your doctor



We'll help you get these five right—for the best care.

1. The **right** diagnosis
2. **Treatment** options that are best for your needs
3. **Doctors** who are top-rated for your condition
4. The most qualified **hospital** for your care
5. Support to help **cope**



Earn a

\$400
Gift Card!*

Has your doctor recommended surgery?

We'll help you understand the risks and benefits before you decide. If you or your spouse are considering any of the surgeries below, you could receive a **\$400 gift card** for participating at least 30 days before your surgery!*

Lower back surgery

Hip or knee replacement

Weight loss surgery

Hysterectomy

**To be eligible for a gift card, start the program at least 30 days before your surgery date for one of the surgeries above and complete a survey at the end. Gift card is provided by ConsumerMedical; recipient is responsible for any applicable taxes. Call for more details.*

We're here to **help.**TM

Enroll Today



www.myconsumermedical.com

To register, enter company code **CVT**



Call 1-888-361-3944

Monday – Friday, 5:30 a.m. to 8:00 p.m. Pacific



MyMedicalAlly app

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